



# LUNCH MENU



Our lunches are provided by Candleby Lane Kitchens in Cotgrave. The menu alternates across a three-week period.

		WEEK 1 <i>Weeks commencing: 25/9/17, 16/10/17, 13/11/17, 4/12/17</i>	WEEK 2 <i>Weeks commencing: 11/9/17, 2/10/17, 30/10/17, 20/11/17, 11/12/17</i>	WEEK 3 <i>Weeks commencing: 18/9/17, 9/10/17, 6/11/17, 27/11/17, 18/12/17</i>
<b>Monday</b>	<i>Main</i>	Cheese and tomato pizza Pasta Mixed salad V* – N/A	Quorn dippers in a wrap Jacket wedges Vegetables V* – N/A	Vegetarian sausage roll Country diced potatoes Vegetables V* – N/A
	<i>Dessert</i>	Fruit ice cream	Jelly and fruit salad	Ice cream and fruit salad
<b>Tuesday</b>	<i>Main</i>	Roast gammon with pineapple and gravy Mashed potatoes and roast potatoes Vegetables V* – Quorn roast with gravy	Roast beef with Yorkshire Pudding and gravy Mashed potatoes and roast potatoes Vegetables V* – Quorn roast with gravy	Roast turkey with stuffing and gravy Mashed potatoes and roast potatoes Vegetables V* – Quorn roast with gravy
	<i>Dessert</i>	Honey cake and custard	Lcky sticky pudding and custard	Magic chocolate pudding and custard
<b>Wednesday</b>	<i>Main</i>	Sausages and gravy Mashed potatoes Vegetables V* – Quorn sausages with gravy	Spaghetti Bolognese Garlic dough ball Vegetables V* – Macaroni cheese with garlic dough ball	Beef burger in a bun Jacket wedges Vegetables V* – Quorn burger in a bun
	<i>Dessert</i>	Chocolate or raspberry ripple ice cream cake	Pancake with honey and fruit	Cheese and biscuits
<b>Thursday</b>	<i>Main</i>	Roast turkey with stuffing and gravy Mashed potatoes and roast potatoes Vegetables V* – Quorn roast with gravy	Roast gammon with pineapple and gravy Mashed potatoes and roast potatoes Vegetables V* – Quorn roast with gravy	Roast beef with Yorkshire Pudding and gravy Mashed potatoes and roast potatoes Vegetables V* – Quorn roast with gravy
	<i>Dessert</i>	Carrot cake muffins	Fruit topped cupcake	Chocolate and vanilla muffins
<b>Friday</b>	<i>Main</i>	Fish goujons and tomato sauce Chips Vegetables V* – N/A	Fish fingers and tomato sauce Chips Vegetables V* – N/A	Breaded fish and tomato sauce Chips Vegetables V* – N/A
	<i>Dessert</i>	Flapjack with milkshake and fruit	Iced bun with milkshake and fruit	Oatmeal cookies with milkshake and fruit

V\* = Vegetarian option

Please note gravy, tomato sauce and custard are a daily optional choice